



YEAR 2-3 LIFE SKILLS PROGRAM

Program Outcomes Alignment to Australian and Western Australian Curriculum

AC Tag legend			
ACPP**	HPE Personal, Social & Community Health	ACELY**	ENGLISH -Literacy
ACPM**	HPE -Movement & Physical Activity	ACELA**	ENGLISH - Language
ACAMU**	ARTS - Music	ACELT**	ENGLISH - Examining Literature
ACADR**	ARTS - Drama		

Session 1 - FOCUS: Self Respect and Connecting

BUZ OUTCOMES	AC TAGS	
SOCIAL CIRCLE SKILLS <ul style="list-style-type: none"> Children learn circle skills and learn how to cooperate with others in the BUZ circle. The skills include eye contact, listening, speaking, thinking, focusing. 	ACELA1446 ACELY1656 ACELY1788 ACELY1789 ACELY1792 ACPPS017 ACPMP031 ACPMP027 ACELY1666 ACPPS033 ACPPS004 ACELY1784 ACPPS019	ACPPS022 ACELA1461 ACELA1476 ACPPS037 ACPPS001 ACPPS015 ACPPS038 ACELA1463 ACELA1429 ACPPS020 ACELY1670 ACELY1680
SELF CONCEPT AND SELF RESPECT <ul style="list-style-type: none"> Children recognise and appreciate their strengths and those of others in the group, helping with a positive self image. Children recognise that we are all special and different in our own way and focus on their strengths Children identify their strengths and the activities and interests that they enjoy. 		

Session 2 - FOCUS: Friendships – Relationship Skills

BUZ OUTCOMES	AC TAGS	
FRIENDSHIP SKILLS <ul style="list-style-type: none"> Children recognise that it is just as much fun to invite people in and have no one 'get out' in a game. Playing with others in a friendly way is important. Children recognise that all people need friends and someone to care, just as they do and that it takes certain elements to make a good friend. Children recognise the attributes in themselves and others that go towards creating successful friendships. Children are able to identify and use the 5 SNACK friendship making strategies. Smile, Name, Ask, Care (Share and be Fair), Keep 	ACELA1446 ACPPS019 ACELA1428 ACPPS033 ACELA1463 ACPPS024 ACPPS037 ACPPS004 ACPPS001 ACELA1446	ACELT1592AC AMUM080 ACAMUM084 ACAMUM085 ACELY1656 ACELA1462 ACELY1788 ACELY1789 ACELY1792

Session 3 - FOCUS: Friendships – Relationship skills – Feelings Management

BUZ OUTCOMES	AC TAGS	
FRIENDSHIP SKILLS <ul style="list-style-type: none"> Racap Friendship Skills 	ACPPS005 ACPPS015 ACPPS022 ACELA1446 ACELY1656	ACPPS033 ACPPS019 ACPPS033 ACELT1577 ACELT1783
EMOTIONAL COMPETENCE <ul style="list-style-type: none"> Children can identify different types of feelings and can use clues to work out how others are feeling. 		

<ul style="list-style-type: none"> Learn appropriate ways of expressing their feelings using "I messages". Children are able to identify the different feelings 	ACELA1462 ACELY1788 ACELY1789 ACELY1792 ACPPS001 ACPPS003 ACPPS004 ACPPS020	ACELT1590 ACPPS003 ACPPS017 ACPPS024 ACPPS034 ACPPS035 ACELA1783 ACELA1787
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Session 4 - FOCUS: Feelings Management

BUZ OUTCOMES	AC TAGS	
EMOTIONAL COMPETENCE <ul style="list-style-type: none"> Children are able to accept that feelings are a part of life and are not "bad" and that they can understand how they are feeling. Children identify several situations that can lead them to feel really angry and ways they can handle their anger. Children consolidate the strategies they use to manage their feelings and handle their anger. Finding appropriate outlets for strong feelings. Learn and practice the 'BUZ Feelings Management Creed'. 	ACELA1446 ACPPS020 ACELA1429 ACPPS033 ACPPS034 ACELA1462	ACELA1787 ACPPS004 ACPPS019 ACELT1783 ACELY1784 ACELA1489

Session 5 - FOCUS: Conflict Resolution

BUZ OUTCOMES	AC TAGS	
CONFLICT RESOLUTION <ul style="list-style-type: none"> Children recognise that conflict occurs in friendships, that it is a natural part of life and that it can be solved. Children recognise what causes conflict in their lives. Children practice and commit to memory the steps of the BUZ Hopscotch Method of Conflict Resolution. Children practice conflict resolution skills focusing on real life examples. 	ACELA1446 ACPPS004 ACPPS019 ACPPS034 ACELA1469 ACELT1783 ACPPS003 ACELY1650 ACELY1784 ACELY1788 ACPMP032	ACELA1429 ACPPS035 ACPPS017 ACADRM027 ACADRM032 ACPPS033 ACPPS035 ACPPS038 ACELA1435 ACHASSI004

Session 6 - FOCUS: Reconciliation

BUZ OUTCOMES	AC TAGS	
RECONCILIATION <ul style="list-style-type: none"> Children realise that they can say sorry anywhere in the 'hopscotch' & that the whole process is a way of saying sorry Children understand the power behind saying sorry and that it is an important step in repairing friendships Children develop an understanding of forgiveness being 'like glue that repairs a broken friendship' and realise the importance of forgiveness in healing relationships 	ACELA1446 ACPPS003 ACPPS017 ACPMP031 ACELT1596 ACELY1666 ACELT1583	ACELY1650 ACPPS033 ACHASSI077 ACPPS022 ACPPS024 ACPPS037

Session 7 - FOCUS: Self Confidence and Problem Solving

BUZ OUTCOMES	AC TAGS	
BULLY-PROOFING <ul style="list-style-type: none"> Children identify bullying behaviour and begin the progress of thinking of strategies. Children learn and practice the first 3 of the BUZ Gimme 5 bully-proofing strategies - WALK, TALK, GET HELP. 	ACELA1446 ACPPS033 ACPPS035 ACPPS037 ACPPS006 ACPPS022	ACPPS036 ACELY1789 ACPPS003 ACPPS004 ACPPS017 ACPPS019

Session 8 - FOCUS: Self Confidence and Problem Solving, celebration, cooperation and wrap up

BUZ OUTCOMES	AC TAGS	
<p>BULLY-PROOFING</p> <ul style="list-style-type: none"> • Children develop techniques for the other two BUZ Gimme 5 bully-proofing tactics - 'bounce backs' and for building up their 'bully shields' • Consolidate all the learning and experience together • Celebration of the outcomes of the program <p>WRAP UP, CELEBRATION</p>	<p>ACELA1446 ACPPS003 ACPPS037 ACPPS055 ACPPS060 ACELY1670 ACPMP008 ACPMP009 ACPMP011 ACPMP012 ACPMP014 ACPPS022</p>	<p>ACPPS024 ACPPS041 ACPMP013 ACPMP025 ACPMP027 ACPMP028 ACPMP029 ACPMP030 ACPMP031 ACPMP032 ACPMP045 ACPMP050</p>